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Thinking of cheers can be tough work. Some people just have that knack; they're easily inspired and can whip out a winning cheer in no time at all. Many people fall back on the easy ABAB rhyming scheme. Although a standard, that can get dull after years and years of tournament play.

Perhaps the easiest way to wow 'em with a cheer is through song. What follows is an example of a "song" cheer and a list of suggested songs to create your own.

TIP: If your team travels a lot and plays against different teams, consider compiling a cheer book. Recycled *good* cheers are nothing to scoff at; just don't thumb open the book in front of your opposing team so that it's obvious you're using a stock cheer!

### SAMPLE 1

*sung to the tune of ABBA's "Dancing Queen"*

oooh  
you can can huck  
you can run  
guess that's why you're number 1  
oooh  
missed that catch  
there's your D  
you are the winning team

Saturday and the winds are low  
somehow thought I could make that throw  
oops! there's another defender  
any of you will do  
looks like you've scored again  
so our team's at its end

you are the winning team  
O and D - your players reign supreme  
winning team  
watch them flow, like we've got on-field seats  
oh yeah  
you can sky  
and lav out

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that's what it's all about  
oooh  
spirit's high  
that's our cheer  
c'mon let's get a beer

One thing to remember about using songs for cheers is that it's more fun if the team you're singing to recognizes the song. If you're a 30- and 40-somethings team playing 20-somethings, you're gonna have to meet in the middle.

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